Mountain Weather Forecast

Southwest Highlands

Including Ben Nevis, Glen Coe and the rest of Lochaber, Argyll including the Isles, Loch Lomond, Trossachs and Arran

Forecast valid from 06:00 on Wednesday 05 Jul 2023 until 23:59 on Thursday 06 Jul 2023

Forecast Issued on Wednesday 05 Jul 2023 at 02:45 by Met Office Aberdeen

Confidence: Generally high confidence for much of the forecast but low for timing of rain later Thursday and early Friday, and strength of winds Friday and Saturday.

Headline for Wednesday 05 Jul 2023: Sunny spells and a few showers. Light winds.

Mountain weather hazards on Wednesday 05 Jul 2023

Blizzards No Likelihood	**Heavy persistent snow** No Likelihood	**Storm force winds** No Likelihood
Gales No Likelihood	**Severe chill effect** No Likelihood	**Poor visibility** Low Likelihood
Thunderstorms No Likelihood	**Heavy persistent rain** No Likelihood	**Strong sunlight** High Likelihood

Weather and chance of precipitation at 800m					
Time					
06:00	09:00	12:00	15:00	18:00	21:00
Cloudy	Sunny intervals	Sunny intervals	Sunny intervals	Sunny intervals	Sunny intervals
Precipitation probability					
20%	20%	20%	20%	20%	10%

Forecast for Wednesday 05 Jul 2023

Weather: Sunny spells through the day, with scattered showers breaking out by mid to late morning. Showers dying out through the evening with some clear spells overnight.

Chance of cloud-free hill tops above 800m: 30% at first, rising to 80% by midday

Low Cloud and visibility: Generally good visibility outside of any low cloud. Cloud bases 600m around dawn, most extensive in the east, patchy towards the west coast. Cloud bases rising through the morning, to be above munro level by midday. The highest summits likely to be affected by cloud at times through the afternoon. Cloud then lowering to 800m in the evening.

Check our weather forecast every day to get the most accurate and up to date information
https://www.metoffice.gov.uk/weather/specialist-forecasts/mountain
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Forecast for Wednesday 05 Jul 2023

Height (m)	Wind Speed mean/gusts (mph) Wind Direction (blowing from)						
	06:00	09:00	12:00	15:00	18:00	21:00	00:00
1300	9/10 W	8/11 W	14/18 SW	19/25 SW	18/24 SW	17/22 SW	17/22 S
900	8/10 W	7/10 W	11/16 SW	15/21 SW	14/20 SW	13/18 SW	13/18 SW
600	9/11 SW	8/11 SW	13/18 SW	17/23 SW	15/21 SW	15/20 SW	15/20 S
300	2/3 SW	5/8 W	10/15 SW	13/20 SW	10/16 SW	9/15 S	9/16 S
Glen	4/8 W	4/7 SW	11/17 SW	12/21 SW	8/15 SW	7/15 SW	6/15 SW

Height (m)	Temperature / Feels Like (°C)						
1300	2/-2	3/-1	4/0	5/0	4/-1	4/-1	3/-1
900	5/2	7/5	9/6	9/6	8/4	6/3	6/2
600	7/5	9/7	10/8	11/8	10/7	9/6	8/5
300	10/10	11/10	12/11	13/10	12/10	11/9	10/9
Glen	12/11	14/14	15/13	15/13	15/13	12/11	12/11
Freezing Level*	1600m	1600m	1700m	1800m	1800m	1700m	1700m

**Level above which ground is expected to be frozen/snow is expected to settle.*

Met Office Aberdeen Meteorologist's View
Driest, sunniest conditions on the west coast. High UV levels so sun protection is recommended.

Forecast for Thursday 06 Jul 2023
Weather: Mainly dry through the early hours with some clear spells. Cloud will thicken early morning, a few light showers possible through the day, but most hills dry. Cloud lowers late afternoon with strengthening winds and heavy rain spreading in from the south through the evening.

Maximum wind: South 15-20 mph, gusting 25 mph. Becoming Southeast 25 gusting 35 mph late afternoon, perhaps 45-50 mph across higher summits late evening.

Chance of cloud-free hill tops above 800m: 80% through daylight hours. Falling to 30% late evening.

Low Cloud and visibility: Cloud bases around 500-600m in the morning, rising to around 1000m by midday, a few breaks possible. Extensive cloud lowering to 600m in the evening.

Temperature: **Glens:** Plus 10 Celsius rising to 15 Celsius
At 800m: Plus 6 Celsius rising to 9 Celsius
Freezing level: Above the summits.

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